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Texas Jack's Famous Sweet Potato Recipes



Synopsis

Just in time for Thanksgiving. This is the 3rd recipe book in the Texas Jack's Famous Secret Recipe series of Cook Books. This edition focuses on a Southern favorite, the sweet potato. There are over 25 different recipes including recipes for pies, casseroles, mash, hash, cupcakes, even a sweet potato cornbread and biscuits. With easy to follow recipes, this will become a go-to book for the chef desiring to create a wonderful dessert using sweet potatoes. Yummy and Sweet Potatoes go together like peas and carrots. This is a vegetable that can be utilized all year long to create some of the most delightfully delicious desserts that you have ever had. Have some fun and cook up a sweet potato dish that will sure to become a family favorite. Enjoy! And if you like, please check out "Texas Jack's Famous Pralines Secret Recipe Book" and "Texas Jack's Famous Caramels Secret Recipe Book" for more fantastic southern treats. Thanks

Book Information

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Customer Reviews

Texas Jack's Famous Sweet Potato Recipes is the third book in the Texas Jack's brand of the bestselling series of recipe books. Texas Jack's Famous Caramels Secret Recipe Book and Texas

Jack's Famous Pralines Secret Recipe Book have been selling like hot cakes; this book holds the same promise. This book is all about the sweet potato. We have all seen it in stores--it's that weird-looking thing that looks like an overgrown orange-ish potato with a little sting on one end. Yet, very few of us know what to do with this curiosity, at least here on the West Coast. By the looks of it, Texans have tamed this tuberous root, and are making enough dishes out of it to serve a wedding. This book has recipes for sweet potato pies, casseroles, cupcakes, cornbreads, biscuits, and mashed and hashed sweet potatoes; in other words, you name it, it probably has it. All the recipes are simple to follow and the preparation process is detailed, including the guide on how to select potatoes while you buy them and how to prep them for cooking. My favorite recipe in this book is the Southern Style Hash Brown Sweet Potatoes; and yes, it is the simplest. I am a guy, whatever. One important thing to note here is that the sweet potato is one of those so-called "super-foods" that are really good for your health. It has just about the highest level of beta-carotene, that is a precursor to vitamin A, a very important vitamin that many of us lack.

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